



# EMCOR. Taking **KidSafety** to the Street™



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# Knowing My 8 Rules for Safety







- 1 I always check first with my parents or the person in charge before I go anywhere or get into a car, even with someone I know.
- 2 I always check first with my parents or a trusted adult before I accept anything from anyone, even from someone I know.
- 3 I always take a friend with me when I go places or play outside.
- 4 I know my name, address, telephone number, and my parents' names.
- 5 I say no if someone tries to touch me or treat me in a way that makes me feel scared, uncomfortable, or confused.
- 6 I know that I can tell my parents or a trusted adult if I feel scared, uncomfortable, or confused.
- 7 It's OK to say no, and I know that there will always be someone who can help me.
- 8 I am strong, clever, and have the right to be safe.

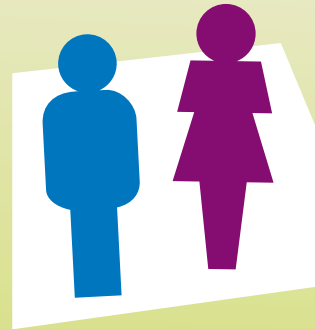


- CHECK FIRST
- TAKE A FRIEND
- TELL SOMEONE I TRUST IF SOMETHING IS WRONG
- STAY STRONG, SMART, AND SAFE

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# Internet Safety Tips for Kids




-  I will not give out personal information such as my address, telephone number, parents' work address/telephone number, or the name and location of my school without my parents' permission.
-  I will tell my parents straight away if I come across any information that makes me feel uncomfortable.
-  I will never agree to get together with someone I "meet" online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and bring my mother, father, or trusted adult along.
-  I will never send a person my picture or anything else without first checking with my parents.
-  I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do, I will tell my parents right away so that they can contact the online service.
-  I will talk with my parents so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online, and appropriate areas for me to visit. I will not access other areas or break these rules without their permission.





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# Building Safety Tips

-  I need to look for and be aware of where the emergency exits are.
-  I know to dial 999 if I need to contact emergency personnel and I can explain to them where I am located.
-  If I feel faint or sick inside a building, I know to tell my parents and get outside. I will remain outside until it is determined that the building is not making me ill.

Provided by the EMCOR Quality & Safety department.

-  During a heavy thunder storm, I know to go to the lowest and most central part of the building and to stay away from windows and doors.
-  Try to avoid getting into a lift alone with someone I do not know. If I am in a lift with a stranger, I know to quickly push all the buttons so the lift stops on the next available floor. When the doors open, I will run and seek help from a person in authority.

Now take our **EMCOR KidSafety™** Challenge!  
[www.emcoruk.com/about/kidsafety](http://www.emcoruk.com/about/kidsafety) 

